

OPTIMA EAP THOUGHT OF THE WEEK

October – Spending

Don't go broke trying to look rich.

Some people spend a lot of money to impress others. They might purchase a big house but then have no emergency fund to address inevitable maintenance issues. They may take a big annual vacation but charge it all to credit and then end up paying more than it costs because they can't pay it off all at once.

Consider whether you want to go broke to look rich. Most people are more impressed by character traits like genuineness, personal responsibility, and independence rather than material things.



EAP Thought of the Week is developed exclusively for Optima EAP clients by the Optima EAP staff.

**Optima EAP is available to assist when you experience challenges at home or at work.
Call to schedule a confidential appointment with a licensed clinical professional.**

1-800-899-8174

Visit our website at [OptimaEAP.com](https://www.OptimaEAP.com) for additional topics and information.

OptimaHealth 
Employee Assistance Program

© 2023 Optima Health, All Rights Reserved